WORKPLACE ISSUES SUPPORT GROUP FOR WOMEN

Lunch Time group for women to exchange ideas and provide support for Work Issues.

Every Tuesday 12pm
$75/person
Scott Psychological Centre

Scott Psychological Centre

360 Orchard Rd, International Building, #10-10

Do you feel stuck in your Job? Are you thinking of changing environments? Do you have a role you want to take on but do not know how and where to start ?

Join our Support Group for women At Work every Tuesday over lunch

Together with other women, you will have the opportunity and chance to share ideas and challenges you are experiencing in your profession.

You can freely share your views in a protected and safe environment to gain knowledge and new skills to cope with the challenges. Together we will help you identifying your potential, work on resilience techniques and analyze factors influencing your motivation.

Moderator: Irena Constantin

Ms Irena Constantin is a **Occupational & Educational** Psychologist who completed her M. Phil (lic. Phil) at the University of Zurich, Switzerland and has specialized in Applied Psychology. She is a member of and adhere to standards of the Singapore Psychological Society (SPS), Federation of Swiss Psychologists (FSP) and Education Across Frontiers (EAF). Ms Constantin gained her experience in various fields such as banking, school and clinics and is especially passionate about career guidance. Having worked in Switzerland for many years as the Head of Assessment recruiting Managers for the largest Swiss regional bank, she is very familiar with workplace issues, specially the 'Glass Ceiling' women often face.

‘Your ideas can become an inspiration for other women and can lead to empowerment’.

Email us @ workshop@scottpsychologicalservices.com or call 6733 8919